

CASE STUDY FORM

Symptoms & Quality of Life Before Alignment Correction:

Joan presented to our office with complaints of severe dizziness. Along with her dizziness she was having right shoulder pain that was 8/10 happening 100% of the time.

Recommendation and Technique Used:

Joan was recommended an alignment correction with the NUCCA technique. Joan had been a patient with us in the office before we switched to NUCCA Upper Cervical Care. It was recommended that Joan start with an alignment correction, and continue to be seen for follow up visits after. Along with NUCCA, other techniques used were COX decompression, DNFT, and Thompson.

Symptoms and Quality of Life After Alignment Correction:

After the alignment correction, Joan noted that her dizziness had subsided, and no longer has any issues. She also stated that her right shoulder pain significantly improved going from an 8/10 to a 3/10.

What Did You Think About NUCCA? Any Skepticism or Concerns?:

Joan had been a patient in our office before we had switched to NUCCA and decided that she wanted to give NUCCA a try. She shares that NUCCA has given her great results and a decrease in her symptomatology.



Pre-Adjustment X-ray Shows:

Atlas laterality to the right at **2.58** degrees with associated head-tilt to the left at **1.98** degrees.

Lower neck angled left at **3.92** degrees.
Right shoulder high.



Pre-Adjustment X-ray Shows:

Atlas laterality went from right **2.58** degrees down to right **0.84** degrees. Head tilt decreased from left **1.98** degrees to left **0.37** degrees.

Lower neck angle went from left at **3.92** degrees to left at **1.21** degrees.